


JANUARY 2022

ADSS NUTRITION PROGRAM WINTER MENU

WINTER FY22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu 2 Sloppy Joe/Bun Diced Sweet Potatoes Chips Fresh Fruit Cherry Fruited Gelatin Milk Margarine</p> <p style="text-align: right;">3</p>	<p>Menu 3 Orange Juice Brunswick Stew Brown Rice Green Beans w/ Red Peppers Crackers (3 pkg) Nuttty Buddy Milk/Chocolate Milk Margarine</p> <p style="text-align: right;">4</p>	<p>Menu 4 Blended Juice Pork Chop Patty/Mushroom Gravy Mixed Greens Black Eyed Peas Cornbread Apple Spice Cookie Milk/Buttermilk Margarine</p> <p style="text-align: right;">5</p>	<p>Menu 5 Italian Seasoned Chicken Breast Cavatappi Pasta Marinara Green Lima Beans Wheat bread Sliced Peaches Yellow Cupcake Milk Margarine</p> <p style="text-align: right;">6</p>	<p>Menu 6 Apple Juice Meatloaf/Tomato Gravy Mashed Potatoes Green Peas Dinner Roll Banana Pudding Milk Margarine</p> <p style="text-align: right;">7</p>
<p>Menu 7 Orange Juice BBQ Pork Riblet/Bun Potato Onion Bake Coleslaw Lemon Fruited Gelatin Milk Margarine</p> <p style="text-align: right;">10</p>	<p>Menu 8 Grape Juice Turkey Vegetable Stew Seasoned Diced Potatoes Mixed Green Salad Texas Bread Iced Orange Cake Milk Margarine Italian/Ranch Dressing</p> <p style="text-align: right;">11</p>	<p>Menu 9 Seasoned Ground Beef Shredded Lettuce/Cheese/Tomatoes Corn Chips Pinto Beans Fresh Orange Milk/Chocolate Milk Sour Cream/Mild Taco Sauce</p> <p style="text-align: right;">12</p>	<p>Menu 10 Apple Juice Sweet and Sour Meatballs (5 each) Brown Rice Steamed Cabbage & Collard Greens Cornbread Oatmeal Cream Pie Milk/Buttermilk Margarine</p> <p style="text-align: right;">13</p>	<p>Menu 11 Lemon Pepper Chicken Drum Butternut Squash Mixed Vegetables Wheat Bread Fresh Fruit Vanilla Pudding Milk Margarine</p> <p style="text-align: right;">14</p>
<p style="text-align: center;">17</p> <p style="text-align: center;">“Life’s most persistent and urgent question is, what are you doing for others?” ~Dr. Martin Luther King, Jr. Martin Luther King, Jr. Day/Holiday</p>	<p>Menu 13 Orange Juice Turkey and Rice Bake Mashed Sweet Potatoes Italian Flat Beans Wheat Bread Oatmeal Raisin Cookie Milk Margarine</p> <p style="text-align: right;">18</p>	<p>Menu 14 Beef and Bean Chili Whole Kernel-Corn/Peppers Mixed Green Salad Crackers (3 pkg) Applesauce White Cupcake Milk Margarine Italian/Ranch Dressing</p> <p style="text-align: right;">19</p>	<p>Menu 15 Apple Juice BBQ Chicken Breast Garlic Mashed Potato Mixed Greens Cornbread Chocolate Pudding Milk/Buttermilk Margarine</p> <p style="text-align: right;">20</p>	<p>Menu 16 Broiled Beef Patty/Bun Baked Beans Chips Shredded Lettuce/Onion/Tomato Fresh Fruit Coconut Pie Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise</p> <p style="text-align: right;">21</p>
<p>Menu 17 Seasoned Chicken Thigh Diced Potatoes California Blend Vegetables Wheat Bread Fresh Fruit Strawberry Fruited Gelatin Milk Margarine</p> <p style="text-align: right;">24</p>	<p>Menu 18 Orange Juice Beef Frank/Bun Baked Beans Coleslaw Chopped Onion Pecan Pie Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise</p> <p style="text-align: right;">25</p>	<p>Menu 19 Blended Juice Mac and Cheese Black Eyed Peas Collard Greens Cornbread Chocolate Cupcake Milk/Buttermilk Margarine</p> <p style="text-align: right;">26</p>	<p>Menu 20 Salisbury Steak with Brown Gravy Parslied Mashed Potatoes Glazed Carrots Texas Bread Fresh Orange Butterscotch Pudding Milk Margarine</p> <p style="text-align: right;">27</p>	<p>Menu 1 Grape Juice Spaghetti/Meat Sauce Green Beans Mixed Green Salad Dinner Roll Snickerdoodle Cookie Milk Margarine Italian/Ranch Dressing</p> <p style="text-align: right;">28</p>
<p>Menu 2 Sloppy Joe/Bun Diced Sweet Potatoes Chips Fresh Fruit Cherry Fruited Gelatin Milk Margarine</p> <p style="text-align: right;">31</p>				<p style="text-align: center;">  </p>